

The chef has been personally pursuing and arranging ingredients and specialty food products related to each of the five holy lands mentioned in "Kinki's Gobosei" theory as a search for the stars. Please enjoy the journey of the circle of Gobosei through the food of each month throughout the year.



## ■詳しくは各レストランにお問い合わせください。

## 五聖地とは

近畿の五か所に点在する神々の聖地(伊勢神宮・熊野本宮大社・伊弉諾神宮・元伊勢・伊吹山)のこと。 この五か所を結ぶと、奈良平城京を中央とする綺麗な星が描けるという五芒星説がある。

## What is the Five Holy Lands of Kinki?

They are five holy lands of gods-Ise Jingu, Kumano Hongu Taisha, Izanagi Jingu, Moto-Ise and Mt. Ibuki - scattered around the Kinki region. Drawing clear lines connecting each of the five spots forms a star with Nara Heijo-kyo in the center and this concept is called Gobosei theory.



